



Study sport at University in a range of Sport courses.

Enter into employment or training in sports industry

UCAS

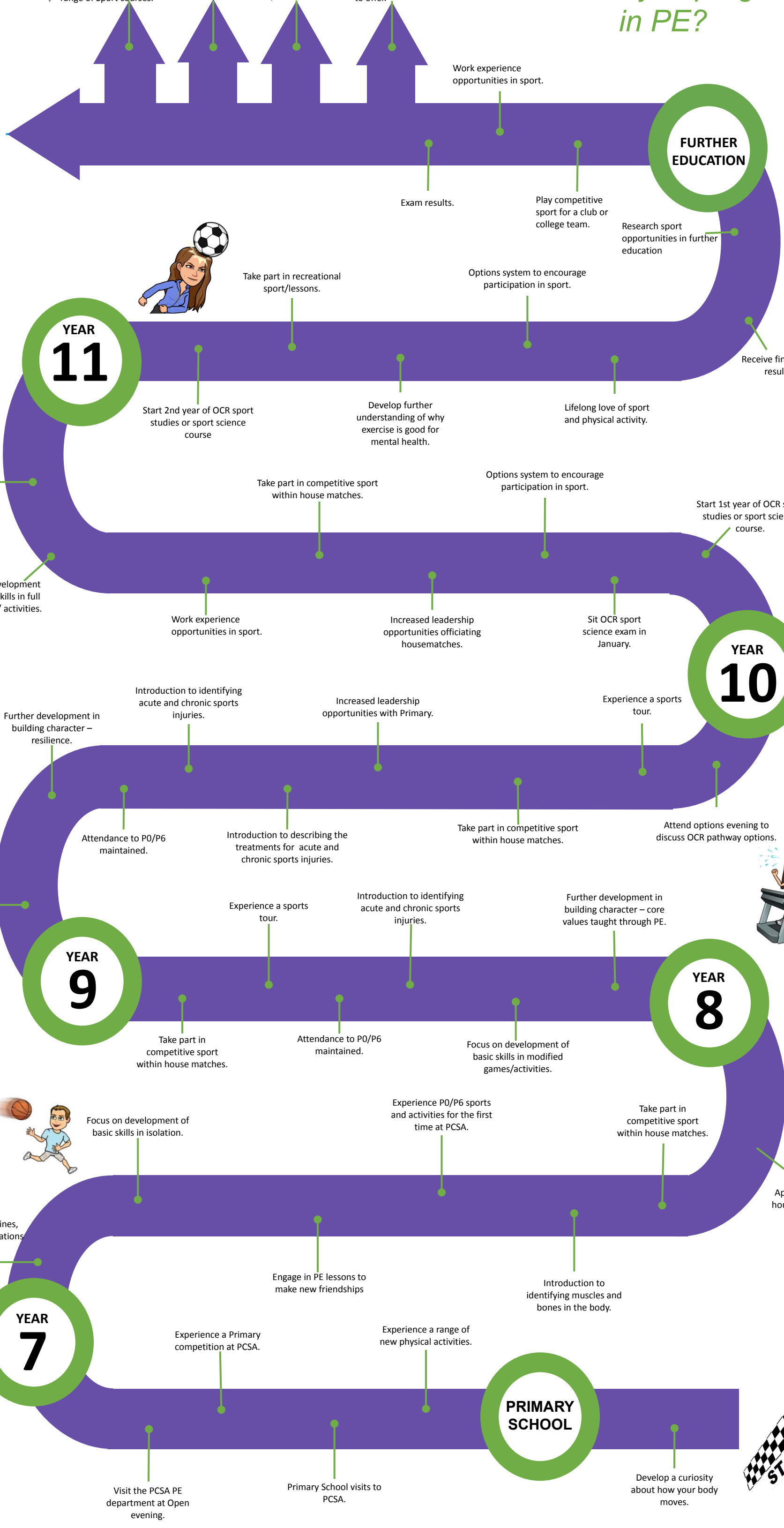
Apply for University through UCAS or alternative post 18 sport courses

Take a gap year, travel the world and embrace the world and different sports and activities it has to offer.

PE Learning Journey at PCSA

How can you progress in PE?

Gain a career in sport.
Engage in sport or physical activity outside the workplace.



YEAR 11

YEAR 10

YEAR 9

YEAR 8

YEAR 7

PRIMARY SCHOOL



Visit the PCSA PE department at Open evening.

Primary School visits to PCSA.

Develop a curiosity about how your body moves.

PRIMARY SCHOOL

YEAR 7

Experience a Primary competition at PCSA.

Experience a range of new physical activities.

Learn PCSA routines, standards/expectations within PE.

Focus on development of basic skills in isolation.

Experience P0/P6 sports and activities for the first time at PCSA.

Take part in competitive sport within house matches.

Apply to be a house captain.

Focus on development of basic skills in full sided games/ activities.

Attendance to P0/P6 maintained.

Introduction to describing the treatments for acute and chronic sports injuries.

Take part in competitive sport within house matches.

Attend options evening to discuss OCR pathway options.

Further development in building character – resilience.

Introduction to identifying acute and chronic sports injuries.

Increased leadership opportunities with Primary.

Experience a sports tour.

Focus on development of complex skills in full sided games/ activities.

Work experience opportunities in sport.

Increased leadership opportunities officiating housematches.

Sit OCR sport science exam in January.

Sit OCR sport studies exam in May.

Take part in competitive sport within house matches.

Options system to encourage participation in sport.

Start 1st year of OCR sport studies or sport science course.

Start 2nd year of OCR sport studies or sport science course

Develop further understanding of why exercise is good for mental health.

Lifelong love of sport and physical activity.

Receive final exam results.

Research sport opportunities in further education

Play competitive sport for a club or college team.

Exam results.

Work experience opportunities in sport.

Take part in recreational sport/lessons.

Options system to encourage participation in sport.

